



Talmud vs Kabbalah



AI Overview

The Talmud is the foundational, comprehensive compilation of Jewish law (Halacha) and legal debates, focusing on the "how" of daily practice. Kabbalah is the esoteric, mystical tradition of Judaism, focusing on the inner meaning of the Torah, the nature of God, and spiritual universes. Both are considered part of the Oral Law tradition. Ohr Somayach +2

