

Day 17,703

July-21-14 2:26 AM

[Dror Bar-Natan](#)

[July 18](#)

On day 17,703 I've quit being vegetarian and posted on Facebook.

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- [Hernando Burgos Soto](#), [Sam Nelson](#), [John M Sullivan](#) and [11 others](#) like this.



[Stella Huerfano](#) wow....good luck with the "new" life!!!!

[July 18 at 8:46pm](#) · [Unlike](#) · [1](#)



[Moshe Zadka](#) As a vegetarian that makes me sad. As a Facebook employee that makes me happy. I guess you could say I have missed feelings.

[July 18 at 11:10pm](#) · [Like](#)



[Dror Bar-Natan](#) Take it as a bit of a self-run psychological experiment. What is it like to turn back from a long held tradition which is not accompanied with a conviction?

I clearly feel more like a vegetarian that had sinned once rather than a non-vegetarian who once was vegetarian. How much does one have to "sin" until "sin" becomes "right"? Do other conversions feel the same?

Incidentally, my stomach was not well last night. I don't know if this has to do with my long flight earlier yesterday, or with the few bites from later that day.

[July 19 at 6:45am](#) · [Edited](#) · [Like](#) · [4](#)



[Assaf Bar-Natan](#) >> What is it like to turn back from a long held tradition which is not accompanied with a conviction?

Delicious. Care for a smoke?

[July 19 at 7:49am](#) · [Like](#) · [1](#)



[Dror Bar-Natan](#) Day 3 Report: This I did not expect. I suddenly become a child in a world that was familiar and isn't any more. I used to know the rules very well: I knew what to do when going to any kind of restaurant, I knew what to do in a supermarket. We walked in a supermarket today and by a large number of restaurants. It is scary how much there is to explore. And "scary" I mean in the literal, not figurative, sense.

[July 20 at 10:38pm](#) · [Like](#) · [2](#)



[Dror Bar-Natan](#) Comment re-inserted after accidental delete (I'm still a facebook newb):

Day 2 report on my non-Helsinki-compliant psychological experiment.

Went for Chinese with Yael, ordered one vegetarian and one chicken dish, happily ate the vegetarian and the vegetarian parts of the chicken dish (even this is major news!), and ate two small chicken pieces (tastes exactly like tofu). On the way home and for an hour after had to resist the urge to throw up.

Why am I doing this? To prove to myself I can break from a tradition I don't really believe in, to gain some flexibility, to learn something about myself. So far I'm only learning about myself. Perhaps I appreciate eating disorders better: it is a struggle to eat what the back of my mind doesn't consider edible, no matter what the front says.

[July 21 at 2:24am](#) · [Like](#) · [1](#)



[Stella Huerfano](#) Day 4 report?
[July 23 at 1:05pm](#) · [Like](#)



[Dror Bar-Natan](#) Day 4 had an English muffin with egg and cheese and a slice of ham. I ate less than a half and lost spirit when Y made faces, though her objection was only based on Jewish law. Day 5 was meatless. Y&I are vacation-traveling, and it's much easier to default to the true and tested.
[July 23 at 1:52pm](#) · [Like](#) · [1](#)



[Sergey Arkhipov](#) Try cooking pork in cream sauce! This is a test. If you pass, you are a vegetarian no more.
[July 23 at 3:38pm](#) · [Like](#) · [1](#)



[Dror Bar-Natan](#) [Sergey](#) - slow I go.
[July 23 at 4:12pm](#) · [Like](#) · [2](#)



[Zsuzsanna Dancso](#) WHAT! And you decide to do this two days after I'd left! No fair.
[July 23 at 10:41pm](#) · [Unlike](#) · [2](#)



[Dror Bar-Natan](#) At no point before was I 17,702 days old.
[July 23 at 10:46pm](#) · [Edited](#) · [Like](#)



[Dylan Thurston](#) Your day 3 report reminds me of "vegan choice panic": A vegan goes to a vegan restaurant, and suddenly has many more things to pick from.
[July 23 at 10:58pm](#) · [Unlike](#) · [1](#)



[Dror Bar-Natan](#) In practice, though, I still have only the vegetarian choices in restaurants - I've still only had bites of meat around once a day, and I'm still far from being able to have a non-vegetarian main course, not to mention making an arbitrary choice from a non-vegetarian menu.
[July 23 at 11:13pm](#) · [Like](#)



[Assaf Bar-Natan](#) I still think pepperoni pizza is a good choice.
[July 24 at 2:25am](#) · [Like](#)



[Dror Bar-Natan](#) [Assaf](#)- not soon. I have to have someone to finish the leftovers, and your mom keeps kosher.
[July 24 at 3:50am](#) · [Like](#)



[Vivi Einy](#)
 הי דרור, מצליחה להבין את הרעיון שמאחורי הניסוי, לא יכולה להתחבר ליישום שלו, אבל מעריצה על האומץ
[See Translation](#)
[July 24 at 4:20am](#) · [Unlike](#) · [1](#)



[Stella Huerfano](#) Why you cannot make the transition? why not the pepperoni pizza? what is holding you back?
[July 24 at 9:36am](#) · [Like](#)



[Dror Bar-Natan](#) [Stella](#)- See my comment from day 2: "Perhaps I appreciate eating disorders better: it is a struggle to eat what the back of my mind doesn't consider edible, no matter what the front says."
[July 24 at 9:45am](#) · [Like](#)



[Stella Huerfano](#) "The back of your mind considers it non edible" but you eat it anyway? wow.....wow.....good luck with the experiment...enjoy the ride?

[July 24 at 9:50am](#) · [Like](#)



[Dror Bar-Natan](#) [Zsuzsanna](#): At Mother's Dumplings with Y. Indeed it's a shame you and Stephen are not here.

[July 24 at 8:48pm](#) · [Like](#)



[Zsuzsanna Dancso](#) Indeed... So what non-vegetarian did you have ?

[Yesterday at 2:02am](#) · [Like](#)



[Dror Bar-Natan](#) We had a set of veggie dumplings and a set of chicken and mushroom dumplings, and we each ate about half of each. So for the first time I really ate more than just a bite size. Nothing to report, or rather, that's the full report.

[Yesterday at 5:16am](#) · [Like](#) · [2](#)



[Assaf Bar-Natan](#) [Dror Bar-Natan](#) Might I suggest a blog? Or a subsection of your website?

[Yesterday at 7:38am](#) · [Like](#)



[Dror Bar-Natan](#) No, I think I'd rather reduce my Facebook use until again I may have something interesting to say.

[Yesterday at 7:51am](#) · [Edited](#) · [Like](#) · [1](#)

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