

A Fiedler cheat sheet, following arXiv:2211.10734, Polynomial Invariants Which Can Distinguish the Orientations of Knots

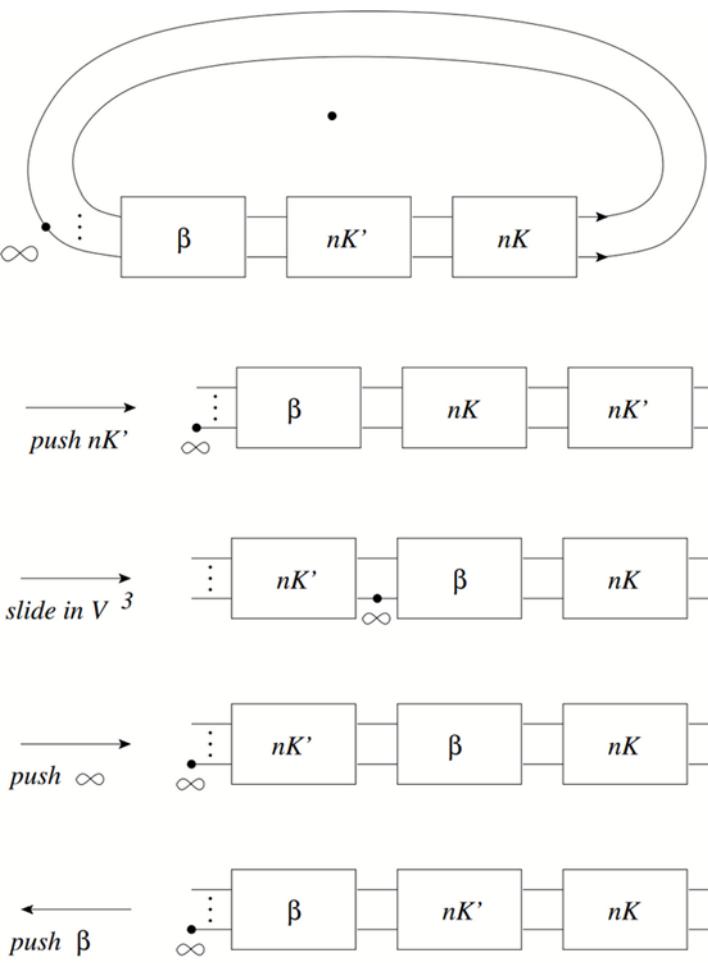
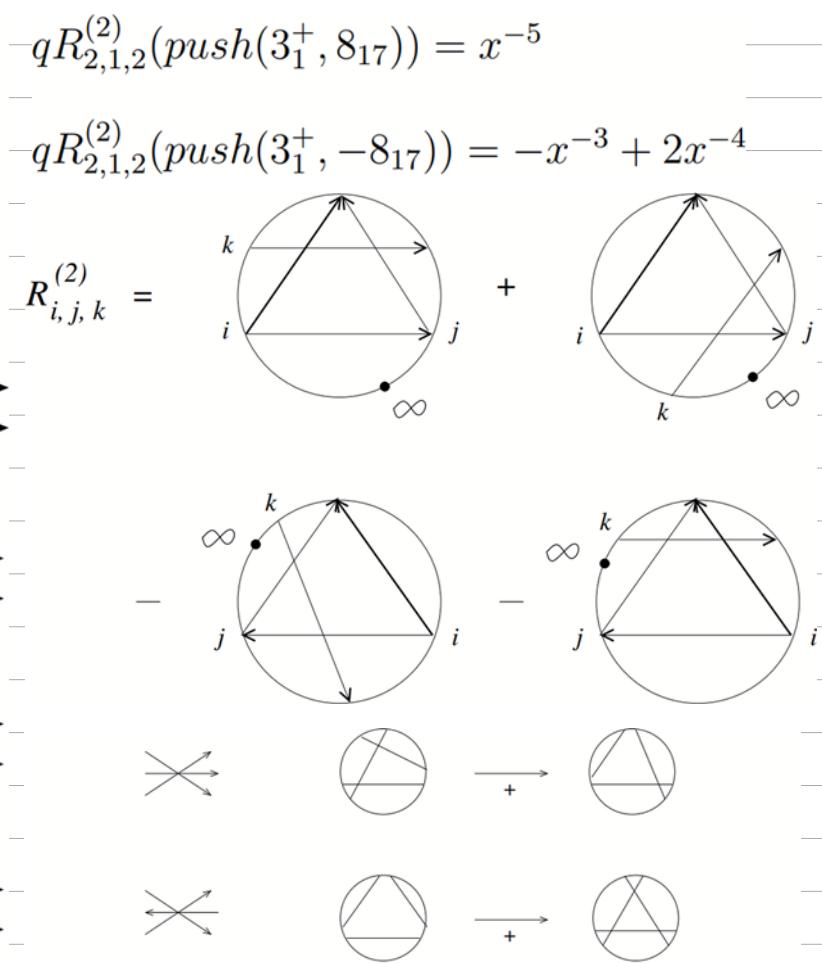
Figure 6: The loop $\text{push}(K', K)$ 

Figure 4: The coorientation for Reidemeister III-moves